

# Personal Training Permit Terms and Conditions

2019 Version 0.1



# Terms and Conditions

## GENERAL

Hobsons Bay City Council may, at its discretion, restrict or prohibit activities and/or permits undertaken by Personal Training groups on public open space to preserve park and residential amenity, park conditions or participant and park user safety.

Council may cancel, suspend or amend a permit if a breach of the terms and conditions has occurred without notice.

Council may require Personal trainers to stop using an approved location and instruct the trainer to move to a different location without notice. This may be required to protect the condition of a Council asset (e.g. sportsground) or due the location being required temporarily for an alternative activity (e.g. special event).

Personal Training or Exercise User groups must provide a copy of their permit letter if requested by a Council Officer. If a group does not have a Permit, they will be advised on the first occasion to cease activities, and to apply for a permit. On any subsequent occasions, the trainer will be asked to cease training and be issued with a penalty notice in accordance with Hobsons Bay Local Laws.

## TRAINING SESSIONS

- All training sessions must be conducted at the nominated location, time and must not exceed the duration stipulated in their Permit Agreement.
- Training sessions must not commence before 6am and must finish by 8pm.
- Changes to training schedules must be submitted to and approved by the HBCC Sport and Recreation Unit at least two weeks prior to the activity.
- All training sessions must not exceed the amount of participants agreed upon. Maximum number of participants is 20.
- Location approval does not provide the Personal Training or Exercise User Group with exclusive use of the open space, foreshore or parkland, as the public must not be displaced as a result of the structured physical activity.
- Training sessions cannot be conducted in the following areas:
  - Picnic or BBQ areas
  - Playgrounds
  - Areas with park furniture, buildings or structures
  - Trees, garden beds or vegetation
  - Socially or culturally sensitive areas, including memorials, shrines and public art works
  - Any areas closed by Council
  - Sporting pavilions or any other sporting facilities managed by Council
  - Any areas that may be nominated by Council at any time
- Personal Training Permit holders must undertake pre-safety inspections prior to each training session to ensure location is safe for purpose. Council shall not be in anyway responsible for

any activity going ahead in unsafe conditions. Personal Training Permit holders must report any hazards to the HBCC Sport and Recreation unit.

- All training sessions conducted must have a qualified First Aid and CPR trained person present.

### **EXERCISE EQUIPMENT**

- No exercise equipment can be affixed to the ground, vegetation, and park furniture or playground equipment.
- No equipment can be left unattended during a training session.
- All equipment must be removed after each training session
- The following equipment can be used:
  - Small mats
  - Balls
  - Light weights
  - Cones
  - Skipping ropes
  - Boxing gloves and mitts
  - Small punching bag (must not be suspended from trees)
  - Rope ladders
  - Mini hurdles
  - Medicine balls
- The following equipment **CANNOT** be used:
  - Tyres
  - Sand bags
  - Logs
  - Star pickets
  - Park furniture (e.g., seats and benches)
  - Council's playground equipment

### **DAMAGE**

- If a Personal Training Group causes any damage to the approved location, the group must report the damage to HBCC Sport and Recreation Unit
- Personal Training Permit holders will incur a penalty if the approved location is damaged as a consequence of inappropriate or not approved:
  - Training techniques and methods
  - Number of participants
  - Use or type of equipment

### **LITTER**

All litter must be removed at the conclusion of the training session

## **NOISE LEVELS**

- No loud speakers can be used as part of the exercise session at any time
- Noise must be kept within EPA noise control guidelines during training sessions

## **SIGNAGE**

- One portable 'A-board' sign can be displayed during each training session.
- Portable A-board signs must:
  - Be displayed within the training area only
  - Be securely weighted to avoid causing damage in windy conditions
  - Not exceed a height of 1 metre or a width of 0.7 metres
  - Be constructed of quality materials
  - Be removed at the conclusion of each training session
  - Not be placed in a pedestrian zone such as a path
  - Cannot be staked into the ground
- Any other advertising signage, stakes, rope or tape may not be erected without written authorisation from Council.

## **PARTICIPANTS ETIQUETTE**

- Personal Training Permit holders are responsible to ensure all participants adhere to the 'Participant Etiquette'.
- When exercising on shared trails, paths or tracks, Personal Training or Exercise User Group participants are to:
  - Run a maximum of two abreast, and when confronted by other users, run in a single file
  - Always keep to the left
  - Communicate when overtaking other users
  - No standing or assembling in the middle of a shared trail or path
  - Be courteous and polite to other users
  - Avoid physical contact with other users.
- When exercising on the foreshore, in parkland or on a reserve, Personal Training or Exercise User Group participants must:
  - Avoid physical contact with other users
  - Be courteous and polite to other users
  - Do not displace members of the public/community
  - Remain within the approved location
  - Indicate when approaching other users.